

# PSYCH 360: Cross-Cultural Psychology

In this course, psychological research methods will be introduced, applied, and critiqued to test the universality of psychological theories developed in North America. Specifically, students will be challenged to critically evaluate the nature of human difference between and within social groups in order to understand and utilize cultural variations as well as to gain insights into and re-examine one's own culture. Topics will include cultural variations and similarities in perception, cognition, identity, socio-emotional development, health behaviors, and emotional regulation. Diverse cultures and cultural change will also be examined with an emphasis on the east-west contrast.

**Units:** 3

**Prerequisites:**

[PSYCH 100](#).

**Program:** [Psychology](#)