

# PSYCH 430: Seminar on Human Motivation

This seminar is designed to provide students with an in-depth understanding of both classic and contemporary psychological theories of human motivation and their applications in a variety of domains including education, sports, work, and psychological as well as physical health/well-being. In addition, students will be introduced to contemporary theories and their research findings from the newly emerging field of positive psychology and asked to examine their validity and reliability from a cross-cultural perspective. Finally, students will also be given an opportunity to conduct their own empirical research in the field.

**Units:** 3

**Prerequisites:**

PSYCH 310 or Instructor Consent.

**Program:** [Psychology](#)